

Sauna instructions

Setting up the temperature in the sauna:

First, press the button marked as „Settings“. The preset temperature will be displayed on the screen and the sauna will heat up to this temperature. After turning on the regulator it is always 90°C (194°F). Then, with the up and down arrow buttons you can set the temperature from 5 to 110°C (41 - 230°F). Keep the arrow buttons pressed and the numbers on the screen will change automatically. From the basic mode, the display panel will show the real, current temperature in the sauna which the device's display automatically returns to after a few seconds from the last press of any button. The displayed temperature will gradually increase according to the actual temperature changes.

Information about fault condition:

The sauna's system regulation is self-diagnosable and monitors that its running correctly. In the case of any failure it will turn off heating and display an error message:

Err 1 connection of temperature sensor failed

Err 2 temperature in sauna higher than 125°C (257°F)

Err 2 interruption of non-returnable temperature safety lock 128°C (262,4°F) in sauna

Use and service of sauna:

Do not place any objects in or around the heater where stones should be placed. Doing this can disrupt the amount and direction of air that flows through the heater and can cause an increase in temperature and even flare-up the walls of the heater.

There will be a strong odor when the heater is used for the first time. You should air out the sauna to remove the bad smell. The heater is used in order to increase the temperature in the sauna and the temperature of the stones. It takes about one hour to properly heat an isolated sauna where the heater can adapt to the sauna space.

Air in the sauna dries up with higher temperature. That is why it is necessary to throw water on the heated stones, to keep some degree of humidity in the sauna. The right humidity level causes perspiration and lets you breath easily. After throwing water on the stones with the wooden laddle the user should feel an effect of damper air on his skin. Being in the sauna for a long time causes an increase in your own body's temperature, which can be dangerous. The amount of water that you can throw on the stones each time should not be more than 2dl. If you throw too much water on the stones at one time there will not be enough time to vaporise the whole amount and boiling water can scald you. The user can pour aromatic essence into the wooden bucket with water, according to the instructions, in order to make a dilution to pour over the stones.

Never throw water on the heater when there are people close – hot steam can cause burns.

Steam does not have the same effect on everyone, so it is impossible to define the right temperature and degree of humidity in the sauna. The best idicator is your own feeling.

Warning:

- **Do not dry any wet clothes in sauna – danger of setting sauna on fire. Too much humidity can cause damage to electronic equipment**
- **When the heater is on keep your distance. The outside of the heater can burn your skin.**

- **Do not throw too much water on the heater, steam has boiling temperature and is known to cause bad burns.**
- **Parents should keep children away from the heater.**
- **Never enter sauna after drinking alcohol, or if you have taken strong medication or narcotics.**
- **Ask your doctor about any limits in the sauna that your state of health requires.**

Sauna procedure:

- start with taking a shower
- stay in the sauna as long as you feel comfortable
- do not disturb other people in the sauna with loud talk
- do not throw too much water on the heater
- forget all the trouble and relax
- after leaving the sauna cool your body down in a shower or in a pool with cold water
- take a rest for about 10 – 15 minutes
- repeat entering sauna and cooling your body down 3 – 4 times
- shower properly afterwards. Drink enough fluid to rehydrate your body.

Electricity consumption:

The average electricity consumption of the sauna is 9 kWh per hour of operation. By considering the price of electricity in 2011 - 4.49 CZK / kWh + appropriate rate of VAT - we have determined that the total cost will be about 50, - CZK per hour of operation. Please take this fact into account in advance for making payments for electricity (at the request of the sales manager, we will issue a new payment schedule). Otherwise, costs will be adjusted to the final bill for services of 31.12. or upon the date of termination of a sublease agreement.

